

# Early Intervention

## Program

Adolescents identified as being "at risk" by educators, parents, or doctors are provided with an opportunity for a private, one time session on the KED Campus with their parent(s)/guardian, a KED specialist, and a peer in recovery.

Session lasts about 45-60 minutes and utilize brief, change focused, cognitive behavioral strategies.

## What to Expect

- Student/parent(s)/specialist discuss the sequence of events that led to the referral and answer questions regarding the student's substance use.
- Student and parent(s) have private sessions with our specialist and with young people in recovery
- The specialist and parent/guardian meet to discuss possible referral, resources and next steps.



## HOW TO HELP

What will help make this a productive meeting?

- Join us with a positive & open mindset
- Be honest and upfront with our specialist and peer
- Follow through with any recommendations that are made
- Complete a follow up evaluation via phone 2 months after you attend the program